

I Know...

...7 ways to boost
my self-esteem

...I am beautiful.

...how to
feel good
about myself!

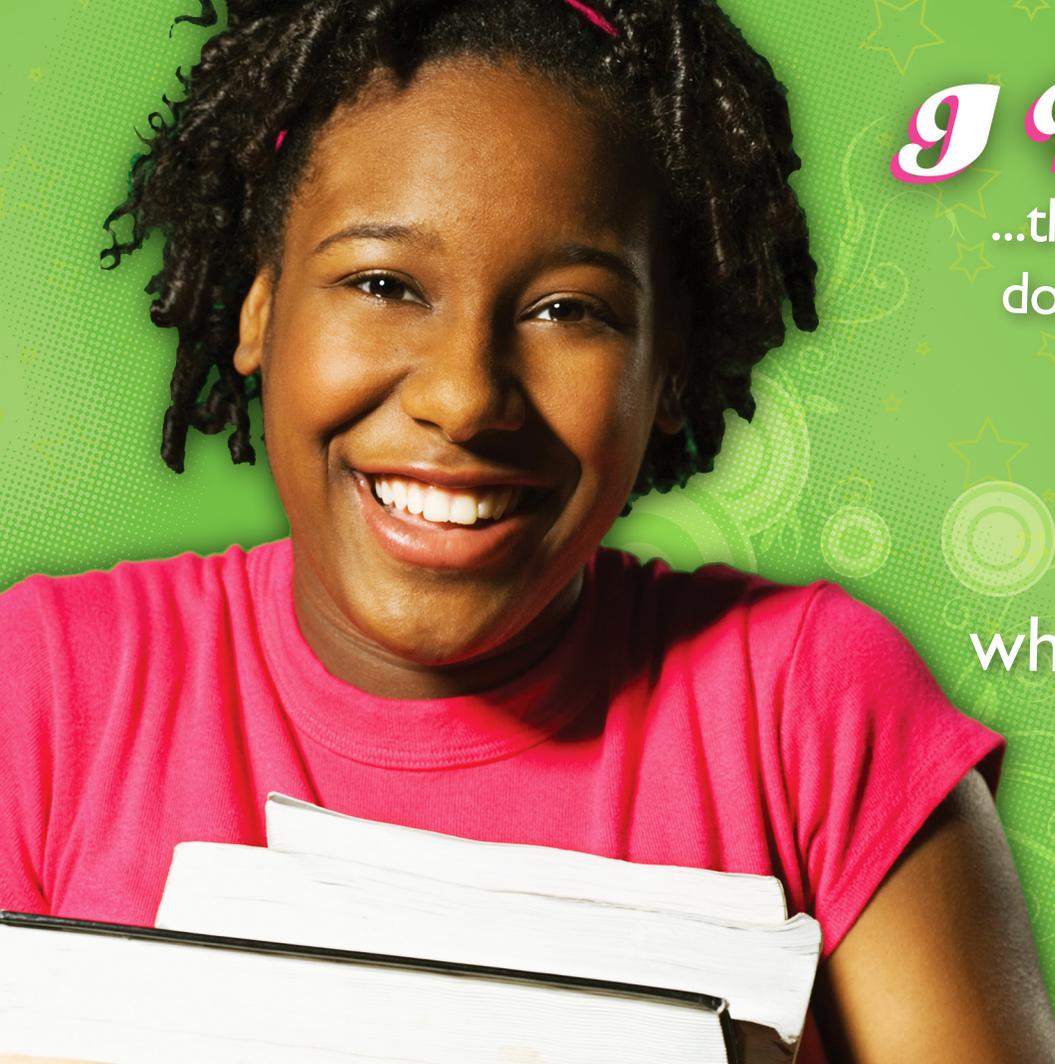
I Know because of...

girlshealth.gov

Be Healthy. Be Happy. Be You. Beautiful.



U.S. Department of Health and Human Services,
Office on Women's Health



I Know...

...the fashion do's and don'ts for an interview.

...how to get my homework in on time.

...how to get where I'm going!

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